Mrs. Sample’s 6th grade class making pots from real clay collected from a local lake

The ACH 6th grade is off to a great start. We are into our first novel in our new curriculum for Language arts. We spent the first few weeks getting to know ourselves better as learners enjoying some challenging math scenarios guided by Mrs. Douglas. Now we are into our first module on Ratios. Mr. Dotson led us do an explosive and colorful science experiment. You know it’s going to be fun when you have to take the experiment outside to do it! We are learning more and getting better at our keyboarding and coding during our technology time. We haven’t done any crafts yet, but with the holidays coming, we will be! We are skimming through our first few units in Social Studies so we can get to the unit on Rome. We did get to make some clay “pots” from real clay collected from a local lake, just like ancient civilizations would have done. All in all we are getting into our routine and marveling at how fast time is already passing this 2016-2017 school year.

Middle school students are learning how molecules react and bond to one another. Some of these reactions happen very quickly, as shown in the elephant toothpaste demonstration.
FOOTBALL TEAM 2016/17 From left to right. Assistant coach: Manaokalani Victorino, Michael Okamoto, Garrett Heathman, Zane McGuckin, Grady Murray, Carson Fox, Connor Higgs, Cody Kagele, Parker Roberts, Casen Murray, Cooper Correia, Dane Isaak, Reece Isaak and Coach Brad Isaak

FROM THE SUPERINTENDENT’S DESK

Dear Parent/Guardians;

Thank you so much for a great start to a new school year! We are so fortunate to have our school set in the middle of a community, with pride that carries into the walls of our school building. We have a strong sense of purpose and feel fortunate to work alongside you as parents in helping all of our students achieve their greatest potential. Whether you are new to our school community or a veteran Warrior parent, we encourage you to get involved. This could be in the form of attending our events, reading newsletters, helping with homework, or signing up to help with additional school activities (e.g. Parties)! We greatly appreciate the tremendous support we receive from our parent community. I feel so lucky to be part of a team of dedicated and caring individuals that are committed to the academic, social, and emotional growth of all of the children we serve. We strive to create a safe and supportive environment that encourages students to take risks and develop a love of learning. We offer opportunities for enrichment inside and outside of the classroom in order to promote higher-level thinking and more opportunities for student engagement. In addition to having high academic expectations for our students (did you see that we were one of the top 5% in the State for high performance? Look at our web page for more details!!!), we work hard at helping to create great citizens, through practicing WARRIOR Perseverance Respect Integrity Discipline Excellence.

ACH is truly a special place to go to school, where kids come first! We look forward to forming a partnership with you and working together to ensure success for your children!

We have many exciting new adventures that we hope to show you during our "Open House" night October 11th.

Warm regards,

Shauna L Schmerer  Principal/Superintendent
Great Things Happening in 4th/5th Grade Room

It’s a new school year and we have already had some exciting things happening in our classroom. We went on a field trip to Leavenworth to attend the Salmon Festival. The student’s listen to a story about Coyote brought salmon to the rivers while in the story tent. Then the investigated animal tracks and how to determine the size and type of animal based on its track and stride. After lunch they went on the Riparian Ramble which was an hour long nature walk where they found out the vegetation and animals support each other along lakes and rivers. It was a very fun and educational field trip.

Something else very exciting in our classroom are our new Kindle’s. At the end of last year I set up a DonorsChoose.org fundraiser to get a set of 14 Kindle Fire’s in our classroom and thanks to the help of great parents and generous donors they were funded with-in 24 hours. Now we have a great set of Kindle’s in our classroom to help enhance our reading program. The student’s love reading on them and are exci-

Abby Dormire, Aubrey Rimel, Emily Evers, Kayleigh Elder, Gabe Alig, Shannon McMillan, Tian Robertson, Fiona McMillan, Alivya Land, Christine Keeley, Ethan Ogle, Devin Groh, Jeremy Pinar and John Pierce.

Fundraising Announcement!

Almira K-8 students will be selling pizzas this year to help pay for the end of the year field trips. We appreciate your support!

It’s time for you, your friends, and your family to stock up with Little Caesars Pizza Kits! Have them on hand for quick dinners, parties or entertaining. Just in time for Halloween! Students will be selling soon or you may order and pay online by credit or debit card:

Go to www.PizzaKit.com
Click on “Products” then “Shop”
Select either “Ship Order to the Group” or “Ship Order to Me” (via UPS for an additional fee)
Our Fundraiser ID # is 317032
When: Fundraiser start date: October 3, 2016
Time and Date of Pizza Kit Pickup: October 26, 2016 2:30-6:00pm
Where: Pickup will be at: Almira Schools in the library.

Thank you for your support and participation!

What is a riparian system and how do salmon play a part? By Kayleigh Elder

Riparian systems are where land and water meet together. It provides important food and water for plants and animals. Berries, elder berry and choke cherry are found in a riparian zone and animals like bears can eat them and survive until salmon come. Plants grow and provide shelter for animals, and shade for fish in the stream. One cool fact that I learned is when a woodpecker is searching for food it will make a hole in the tree. Then when the woodpecker is done making that hole and leaves a squirrel will go live in that same hole and make a nest. Sometimes owls will come and eat those squirrels. That is also an example of how the food chain works from insects for the woodpecker to owls eating the squirrels.

There are many different ways that salmon help the riparian system. Many animals from land, like bears, foxes and even us (in different times) depend on salmon. Without salmon many things in the food chain would die and if one animal dies in the food chain, it affects other animals. Salmon also help the food chain when they lay eggs. Only ten out of 100 eggs live. Many animals eat the fish eggs. It is easy food that they do not have to fight. Salmon that die up stream become food for others.
Grandparents Day

The K-5 students at the Almira School celebrated Grandparent/Special Guest Day on Friday, September 23rd. They entertained the crowd with songs, poems, and quotes. Prizes were given to people who fit different categories. Following the program in the gym, the students took their guests to their classrooms. After showing off their classroom and doing some activities, they headed to the "courtyard" for maple bars and lemonade.

The K-1 class in Almira is 17 members strong this year. Those in kindergarten are: Akira Luczak, Cade Carstensen, Calvin McArthur, Camryn Peha, Cooper Braun, Gabe Trout, Gigi Weber, Jackson Elder, Jharyka Land, Mac McKay, Madison McCall, Quin Peha, and Zivaya Land. The first graders are: Faith Parrish, Liam Dahlenburg, Savannah Monson, and Wyatt Ogle. The students have a lot of fun on the big play system during their recesses.
Almira School District #17
Information Regarding Replacement Maintenance & Operations (M&O) Levy
February 9, 2017
The Almira School District will be asking our patrons to vote on a replacement three–year levy for the existing levy that expires in 2017. This is not a new tax.

What does the levy pay for?
The levy helps maintain the following programs.

• Technology for classroom instruction and support
• Food Service Program
• Substitute teachers
• Special programs for struggling and highly capable students
• Maintenance of facilities and grounds, and student activities not funded by state or federal dollars
• Traffic Safety Education
• School Nurse Services

Please be looking for more information coming soon on our web site and mailed out to patrons. Thank you for the continued support to make Almira School District a place where GREAT THINGS HAPPEN!

Purchase Warrior Wear with no shipping charges!

www.blue84spirit.com/wa000

Click the above site to order unique ACH sportswear. This site will be available until October 23rd. If the demand is great we will reopen it again later this fall. This is not a fundraiser. We are just providing a service. Hope you enjoy the variety.
Annual Notifications.

Published as required by law to inform the community
This information is printed and distributed annually to all parents of the Almira District to inform them of their rights and responsibilities. Complete policies and procedures are available in the district office.

NOTIFICATION OF RIGHTS UNDER FAMILY EDUCATION RIGHTS AND PRIVACY ACT (FERPA) FOR ELEMENTARY AND SECONDARY INSTITUTIONS

The Family Educational Rights and Privacy Act (FERPA) affords parents and students over 18 years of age (“eligible students”) certain rights with respect to the students’ education records. They are:

1. The right to inspect and review the student’s education records within 45 days of the day the District receives a request for access. Parents or eligible students should submit to the school principal a written request that identifies the record(s) they wish to inspect. The principal will make arrangements for access and notify the parent or eligible student of the time and place where the records may be inspected.

2. The right to request the amendment of the student’s educational records that the parent or eligible student believes are inaccurate or misleading. Parents or eligible students may ask the Almira School District to amend a record that they believe is inaccurate or misleading. They should write the school principal, clearly identify the part of the record they want changed, and specify why it is inaccurate or misleading. If the district decides not to amend the record as requested by the parent or eligible student, the district will notify the parent or eligible student of the decision and advise them of their right to a hearing regarding the request for amendment. Additional information regarding the hearing procedures will be provided to the parent or eligible student when notified of the right to a hearing.

3. The right to consent to disclosures of personally identifiable information contained in the student’s education records, except to the extent that FERPA authorizes disclosure without consent. One exception which permits disclosure without consent is disclosure to school officials with legitimate educational interests. A school official is a person employed by the district as an administrator, supervisor, instructor, or support staff member (including health or medical staff and law enforcement unit personnel); a person serving on the school board; a person or company with whom the district has contracted to perform a special task (such as an attorney, auditor, medical consultant, or therapist); or a parent or student serving on an official committee such as a disciplinary or grievance committee, or assisting another school official in performing his or her tasks.

A school official has a legitimate educational interest if the official needs to review an education record in order to fulfill his or her professional responsibility.

The District will forward school records, without parent consent, to schools in another district to which a student transfers. This is to facilitate the prompt placement of the student in the new school. The district will also forward, without consent, transcripts, or other information requested by high school students, to colleges and other educational institutions to which the students are applying.

Not all confidential records are maintained by the district indefinitely. If a parent/guardian, or student 18 years of age or older, wishes to obtain a copy of the student’s confidential file, a written request must be made to the principal.

4. The right to file a complaint with the U.S. Department of Education concerning alleged failures by the District to comply with the requirements of FERPA. The name and address of the office that administers FERPA is: Family Policy Compliance Office, U.S. Department of Education, 400 Maryland Avenue, S.W., Washington, D.C. 20202-4605

EVERY STUDENT SUCCEds ACT (ESSA)

ESSA places an emphasis on parents’ right to know about the professional qualifications of their child’s classroom teachers. Parents have the right to request the following information about the instructional staff working with their child: · Has the teacher met state certification for the grades and subjects that he or she is teaching? · Is the teacher working with an emergency or conditional certificate? · What was the baccalaureate degree major of the teacher and any other graduate certification or degree held? · What are the qualifications of the paraeducators working with the child? Requests for information should be sent to their respective district superintendent.

HIGHLY CAPABLE PROGRAM: In order to develop the abilities of each Highly Capable Program student, the district will offer a highly capable program which provides kindergarten through twelfth grade students selected for the program access to basic education program that accelerates learning and enhances instruction. The framework for such programs will encompass, but not be limited to, the following objectives:

- Expansion of academic attainments and intellectual skills;
- Stimulation of intellectual curiosity, independence and responsibility;
- Development of a positive attitude toward self and others; and
- Development of originality and creativity.

The board will annually approve the district’s highly capable plan including: the number of students the district expects to serve by grade level; the district’s plan to identify students; a description of the highly capable program goals; a description of the services the program will offer; an instructional program description; a description of ongoing professional development for highly capable program and general education staff; program evaluation; a fiscal report; and assurances that the district is legally compliant. The superintendent will establish procedures consistent with state guidelines for nomination, assessment and selection of children of demonstrated achievement or potential ability in terms of general intellectual ability, academic aptitude and creative or productive thinking.

CHILDFIND: The Almira District provide many programs for children residing in our school district at no cost to the parent/guardian. The schools offer special programs such as speech therapy, physical and occupational therapy, Title I/LAP and Special Educational academic programs, and preschool classes to special needs children 3 years and older. Developmental screening and/or comprehensive assess-
ments for children who are suspected of having a disability, which could adversely affect their educational development, are available at no cost to you for a free and appropriate public education. These services are available for persons between the ages of birth through 21 years of age with suspected disabilities including highly mobile children with disabilities (such as migrant and homeless children). Children suspected of having a disability and in need of special education even though they are advancing from grade to grade, who are residing within the boundaries of the Local Education Authority (LEA) and not currently receiving special education services, are identified, located, and evaluated. If you would like to make an appointment for a free, developmental screening and/or comprehensive assessment for your child, please call: Almira Schools: 639-2414.

**TITLE I:** Title I funds have been used by the Almira School District to provide qualified students a remedial reading and math program. Students receive additional assistance from paraprofessionals in the classroom.

**LEARNING ASSISTANCE PROGRAM (LAP):** The LAP grant has been used to provide one-to-one and small group help to children that need additional assistance.

**HOME BASED INSTRUCTION:** A parent who intends to cause his/her child or children to receive home-based instruction in lieu of attendance or enrollment in a public school, approved private school or an extension program of an approved school, must file an annual declaration of intent. Forms are available in the district office.

**McKENNEY-VENTO AND CHILDFIND:** As required by Federal law (McKinney-Vento), the Almira School District ensure that homeless children and youth are provided equal access to the same free, appropriate public education, including preschool education, as provided to other children and youths. The McKinney-Vento Act is a federal law that makes sure children and youth who do not have permanent housing can go to school and preschool. It gives children and youth rights to enroll in school, stay in school, get transportation to school, and gives same children access to school lunch programs. If you become aware of students who may qualify for services under the McKinney-Vento Act, or are in need of services for students in your family, please contact the principal of your school with this information. ChildFind is the process of identifying all persons from birth to age 21 who may be educationally handicapped. In the early years it is especially important to identify those children who may require special attention in some area. Identifying a concern early can lessen the effects of the problem for the child in later years. The Almira School District is responsible for evaluating and identifying children who may require special education services, and for providing those services to district children ages 3 and older. If you feel that you have a student who may require special attention in some area please contact the Almira School District.

**SPECIAL EDUCATION:** Any application and any required policies, procedures, evaluations, plans, and reports will be made readily available to parents and other members of the general public through the district special education and superintendent office.

**MEDICATION AT SCHOOL:** State law requires that orders from a licensed health care provider for medication and/or treatments and a nursing care plan be in place before a student with a life-threatening health condition attends school (RCW 28A.210). A health condition is considered life-threatening if this condition will put the student in danger of death during the school day if a medication or treatment order is not in place. Policy and Procedure 3416 allows school personnel to administer oral medication during school hours only under limited conditions which include a written request by a parent/guardian and a physician or dentist. Nonprescription medications must be sent to school in the original container. Prescription medications must be in a container appropriately labeled by a physician, dentist, or pharmacist. All medications must be accompanied by the Medication Request Form, which may be obtained from school office personnel. If a student needs to carry and self-administer their own medication, the school office manager or school nurse must be contacted for more information about appropriate and necessary procedures. Policy and Procedure 3413 require that all students submit records of immunity to specified childhood diseases in order to register for school. Parents/guardians may claim a medical, philosophical, or personal exemption from any or all immunizations for their children. Please contact the school office manager with questions about immunization requirements.

**PEST CONTROL POLICY (POLICY 6895):** The Almira School District has policy #6895 and procedure #6895P (see below) in place outlining Pesticide Notification, Posting and Record Keeping. The District strives to manage pests by the most economical and beneficial means, and with the least possible hazard to people, property, and the environment. The district may apply pesticides in the following areas; playground, classroom, food service areas and buses, during the course of the year. The District will post notices, in the form of signs, in the school office, on bulletin boards and perimeter fences 48 hours prior to application. Parents and staff who have been placed on the registry through written request will be notified 48 hours before applications in writing and via the webpage www.achsd.org. In the event of an emergency application the registry of parents/guardians and employees will be given written notice as soon as possible after the application. Parents/guardians and employees may obtain a record of pesticide usage by contacting the Superintendent.

Procedure 6895P: Pesticide Notification, Posting and Record Keeping Requirements
The District shall comply with all legal requirements for record keeping regarding the application of pesticides to school grounds or school facilities. This includes creation of an annual summary report of pesticide usage and compliance with state department of agriculture rules regarding record keeping. Such records will be available on request by interested persons under the state Public Records Act and other laws. Procedure 6895 shall be printed and distributed annually in employee handbooks and student handbooks to employees, students and parents at the start of the school year when an employee begins work or a student enrolls. At least 48 hours before the application of a pesticide to school facilities or school grounds, the District shall notify parents and staff who had a written request on file of the planned application in writing, including the heading, “Notice: Pesticide Application.” This notice shall be posted in a prominent place in the building office in addition to being provided to parents and staff. This pre-notification is not required if the school grounds or facilities will not be occupied by students for two days following the application of the pesticide. If the application is not made within 48 hours of the notification, another notification shall be made prior to the application. This pre-notification is not required in the case of any emergency application of pesticides to a school facility, such as an application to control stinging pests, but full notification shall be made as soon as possible after the application. Following the application of a pesticide to school facilities (structures and vehicles) a sign shall be posted at the location of the application. The notice shall be at least 8.5 x 11 inches in size, shall include the heading, “Notice: Pesticide Application,” and shall state the product name; date, time and specific location of the application; the pest for which the application was made; and a contact name and telephone number. The notice shall remain posted for 24 hours, or longer if required by the label of the pesticide. Following the application of a pesticide to school grounds notice shall be posted at the location of the application and at each primary point of entry to the grounds. The notice
shall be at least 4 x 5 inches in size and state that the landscape recently has been treated with a pesticide and provide a contact name and telephone number. The notice shall remain posted for 24 hours, or longer if required by the label of the pesticide. These notices are not required for the application of antimicrobial pesticides (substances used to sanitize or disinfect for microbial pests: viruses, bacteria, algae and protozoa). These notices are not required for the placement of insect or rodent bait that are not accessible to children.

**DANGEROUS WEAPONS POLICY (POLICY 4210):** It is a violation of state law for any person to carry a firearm or dangerous weapon on school premises, school-provided transportation or areas of other facilities being used exclusively for school activities. The law outlines exceptions in certain cases, i.e., security activities, firearm safety lecture/course, law enforcement officers, etc. School officials shall notify the parents or guardian of the student and the appropriate law enforcement agency of known or suspected violations of this policy. Students who violate this policy shall be subject to discipline, including a one-year expulsion for a violation involving a firearm. However, the superintendent may modify the one-year expulsion on a case-by-case basis.

**DRUG AND ALCOHOL FREE SCHOOL AND WORK PLACE (Policies 3240, 5201, 5281):** There is zero tolerance. Students can be suspended and or expelled. Employees will be subject to discipline action and possible discharge.

**USE OF TOBACCO ON SCHOOL PROPERTY (POLICY 4215):** Any use of tobacco products by staff, students, visitors, and community members shall be prohibited on school district property. Possession or distribution of tobacco products by minors is prohibited. This shall include all district buildings, grounds and district-owned vehicles.

**HARASSMENT, INTIMIDATION, BULLYING (POLICY 3207)**
The District is committed to a safe and civil educational environment for all students, employees, volunteers and patrons, free from harassment, intimidation or bullying. “Harassment, intimidation or bullying” means any intentional written, verbal, or physical act, including but not limited to one shown to be motivated by any characteristic in RCW 9A.36.080(3), (race, color, religion, ancestry, national origin, gender, sexual orientation or mental or physical disability), or other distinguishing characteristics, when the intentional written, verbal, or physical act:

- Physically harms a student or damages the student’s property; or
- Has the effect of substantially interfering with a student’s education; or
- Is so severe, persistent, or pervasive that it creates an intimidating or threatening educational environment; or
- Has the effect of substantially disrupting the orderly operation of the school.

Depending upon the frequency and severity of the conduct, intervention, counseling, correction, discipline and/or referral to law enforcement will be used to remediate the impact on the victim and the climate and change the behavior of the perpetrator. This includes appropriate intervention, restoration of a positive climate, and support for victims and others impacted by the violation. False reports or retaliation for harassment, intimidation or bullying also constitute violations of this policy.

**NONDISCRIMINATION STATEMENT** The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual’s income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint_filing_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html) or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail: U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

**Asbestos:** In the past, asbestos was used extensively in building materials because it insulating, sound absorbing, and fire retarding capabilities. Virtually any building constructed before the late 1970s contained some asbestos. Intact and undisturbed asbestos materials generally do not pose a health risk. Asbestos materials, however, can become hazardous when, due to damage or deterioration over time, they release fibers. If the fibers are inhaled, they can lead to health problems, such as cancer and asbestosis. In 1986, Congress passed the Asbestos Hazard Emergency Response Act (AHERA) which requires schools to be inspected to identify any asbestos containing building materials. Suspected asbestos-containing building materials were located, sampled (or assumed) and rated according to condition and potential hazard. Every three years, Almira School District has conducted an inspection to determine whether the condition of the known or assumed asbestos containing building materials (ACBM) has changed and to make recommendations on managing or removing the ACBM. At the last inspection conducted on July 25, 2007, all materials listed in the Management Plan as asbestos containing (or assumed to be asbestos-containing) were inspected and found to be in good condition. The law further requires an asbestos management plan to be in place by July 1989. Almira School District developed a plan, as required, which has been continually updated. The plan has several ongoing requirements: publish a notification on management plan availability and the status of asbestos activities; educate and train its employees about asbestos and how to deal with it; notify short-term or temporary workers on the locations of the asbestos containing building materials; post warning labels in routine maintenance areas where asbestos was previously identified or assumed; follow set plans and procedures designed to minimize the disturbance of asbestos containing building materials; and survey the condition of these materials every six month to assure that they remain in good condition. It is the intention of Almira School District to comply with all federal and state regulations controlling asbestos and to take whatever steps are necessary to ensure student and employees a healthy and safe environment in which to learn and work. You are welcome to review a copy of the asbestos management plan in school district administrative office or administrative office of the school during regular business hours. Dewey White is our designed asbestos program coordinator, and all inquiries regarding the asbestos plan and asbestos-related issues should be directed to him at 659-2414.

**School Report Card:** progress of all Almira/Coulee-Hartline district schools can be found on the OSPI Report Card website found at: [http://reportcard.ospi.k12.wa.us](http://reportcard.ospi.k12.wa.us)
Meningococcal and HPV Information

Dear Parent or Guardian:
As a parent, there is nothing more important than safeguarding your child’s health. The Washington State Legislature requires us to make information available to you about meningococcal disease and human papillomavirus (HPV). Know the facts about these diseases and the vaccines available to protect your child.

Meningococcal Disease and Prevention

What is meningococcal disease?
Meningococcal disease is a serious bacterial infection. Fortunately, this life-threatening illness is rare, with only 20-50 cases reported each year in Washington. The most common symptoms of the disease include fever, cough, headache, and rash. It can cause meningitis (swelling of the covering of the brain and spinal cord). The disease spreads through close contact with an infected person. Teens and young adults are more likely to get meningococcal disease, especially if they live in group settings like college dorms.

How can I protect my child from meningococcal disease?
The meningococcal vaccine, or MCV4, prevents against four types of the disease. It is recommended for all children between 11 and 12 years of age, and again at 16 to 18 years of age.

Where can I find the meningococcal vaccine?
Talk to your doctor, nurse, or local health department to learn more. Washington offers free vaccines to kids through age 18. Providers may charge an office visit fee or administration fee to give the vaccine. People who can’t afford these fees can ask to have them waived.

For more information about meningococcal disease and how to prevent it:
- Washington State Department of Health
  [www.doh.wa.gov/YouandYourFamily/Immunization/Diseases/MeningitisMeningococcalDisease.aspx](http://www.doh.wa.gov/YouandYourFamily/Immunization/Diseases/MeningitisMeningococcalDisease.aspx)
- Centers for Disease Control and Prevention
  [www.cdc.gov/vaccines/hcp/vis/vis-statements/mening.html](http://www.cdc.gov/vaccines/hcp/vis/vis-statements/mening.html)
- Children’s Hospital of Philadelphia Vaccine Education Center
  [http://www.chop.edu/conditions-diseases/ meningococcal-infections](http://www.chop.edu/conditions-diseases/ meningococcal-infections)

Human Papillomavirus (HPV) and Prevention

What is HPV?
HPV is a common virus. Most people exposed to HPV will never develop health issues. But for others, HPV causes major health problems, including cervical, anal, vulvar, mouth, and throat cancer. Most infected people have no symptoms and may spread the virus without knowing it. HPV spreads mainly through sexual contact.

How can I protect my child from HPV?
Make sure your child gets the HPV vaccine. The vaccine is highly effective. The best time to get it is before sexual activity ever starts. The HPV vaccine can prevent infection from some of the most common and serious types of HPV that cause cancer and genital warts. The vaccine does not get rid of existing HPV infections.

Who should get the vaccine and when should they get it?
Three doses of HPV vaccine are recommended for all boys and girls starting at ages 11 to 12. It is recommended for females up to age 26 and for men up to age 21. In addition to HPV vaccine, your 11 to 12 year-old should receive Tdap and meningococcal vaccines.

Where can I find the HPV vaccine?
Ask your doctor, nurse, or local health department about the vaccine and where you can get it.

For more information on HPV, the vaccine, and cervical cancer:
- Washington State Department of Health
  [www.doh.wa.gov/Portals/1/Documents/Pubs/348-187_HumanPapillomavirusVaccineFactsheet.pdf](http://www.doh.wa.gov/Portals/1/Documents/Pubs/348-187_HumanPapillomavirusVaccineFactsheet.pdf)
- Centers for Disease Control & Prevention
  [www.cdc.gov/std/ hpv/](http://www.cdc.gov/std/ hpv/)
- American Cancer Society
  [www.cancer.org](http://www.cancer.org)